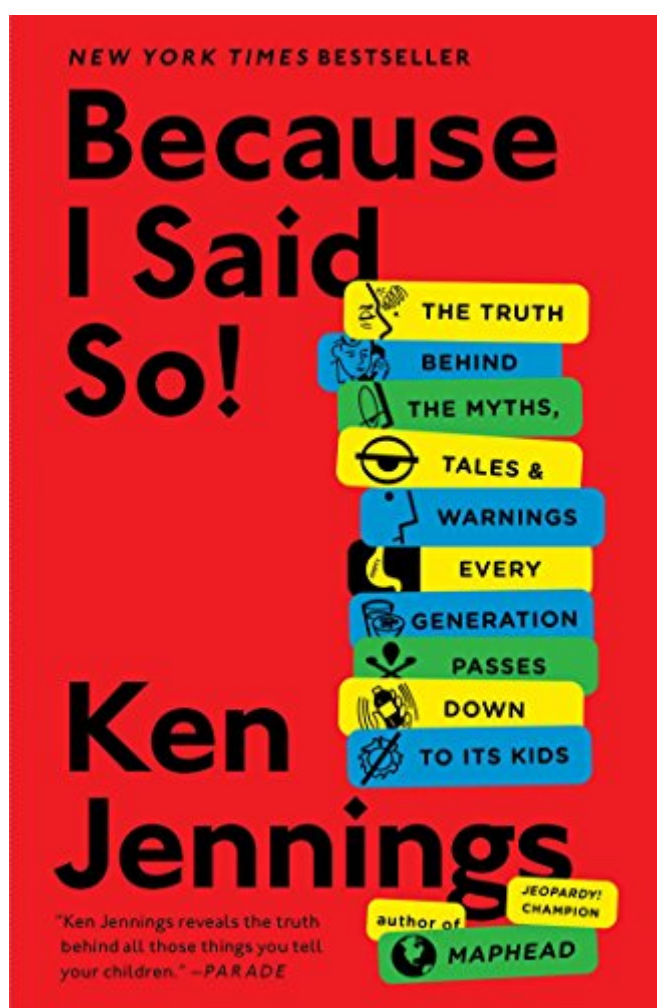


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# Because I Said So!: The Truth Behind The Myths, Tales, And Warnings Every Generation Passes Down To Its Kids



## Synopsis

Don't cross your eyes or they'll stay like that! Feed a cold, starve a fever!  
Don't touch your Halloween candy until we get it checked out! Never run with scissors  
Don't look in the microwave while it's running! This will go down on your permanent record  
Is any of it true? If so, how true? Ken Jennings wants to find out if mother and father always know best. Yes, all those years you were told not to sit too close to the television (you'll hurt your eyes!) or swallow your gum (it stays in your stomach for seven years!) or crack your knuckles (arthritis!) are called into question by our country's leading trivia guru. Jennings separates myth from fact to debunk a wide variety of parental edicts: no swimming after meals, sit up straight, don't talk to strangers, and so on. Armed with medical case histories, scientific findings, and even the occasional experiment on himself (or his kids), Jennings exposes countless examples of parental wisdom run amok. Whether you're a parent who wants to know what you can stop worrying about or a kid (of any age) looking to say, "I told you so," this is the anti-helicopter parenting book you've been waiting for.

## Book Information

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## Customer Reviews

Nobody in my book club enjoyed this book. However, I must say it has come up in conversation more often than any other book we have read!

My husband is enjoying bursting people's bubbles with the truth versus myth info in this book. Add that it's by Ken Jennings and that makes it a winner.

I have not finished this book, I got bored. Not as interesting as I thought. Will finish sooner or later

... but I was surprised at the poor quality of the printed pages. I would have expected a bit of color in the "mostly true" / "mostly false" graphs at the end of each entry. Also, the pages felt a bit recycled (not that I'm against recycling). I use this as a coffee table book, so I was hoping for something a bit more substantial. I gave it three stars because I enjoyed the content.

I became a doubter of the many wives' tales I heard early in my life. But when things didn't make sense, I didn't go to the trouble of researching the answers. That's why I was delighted to read this book. Not only is Ken Jennings smart, but he has a sense of humor too.

I bought this book for my husband because he had seen it advertised. He read it cover to cover and loved it. He references back to it every time I tell our daughter that she is sitting too close to the tv or that she'll hurt her eyes when reading in dim light.

This was an interesting book. It was fun to read all the facts behind all the stuff our parents said to us growing up that never made a whole lot of sense. I even learned a few new phrases I've never heard of in the process. This is just a fun read and good opportunity to learn some fun facts for a dinner party.

I highly recommend this book, especially for anyone who has or works with children. The author clearly did some research to determine his findings on each item. So you not only learn what the "right" answer is (if there is one), but why.

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